

CURRICULUM MAP

SUBJECT: Year 11 Physical Education

2016-2017

	TOPIC	LEVELS/GRADES	SMSC	LITERACY	ASSESSMENTS
A U T U M N	<p><u>Health & Fitness</u> In this unit pupils will be encouraged to develop replication and performance through a range of fitness activities. Will work in groups and take on a range of roles and responsibilities. Students will evaluate and assess own and others technique to develop personal targets. To develop a deeper understanding about healthy lifestyles & fitness.</p>	<p>Grade 1/2: You can identify and demonstrate basic skills/technique/tactics associated to this unit of work.</p> <p>Grade 3/4: You can describe and demonstrate more challenging skills/techniques/tactics associated to this unit of work.</p> <p>Grade 5/6: You can explain and demonstrate key skills/techniques/tactics associated to this unit of work.</p> <p>Grade 7/8: You can analyse and evaluate whilst demonstrating a range of difficult skills/techniques/tactics associated to this unit of work.</p>	<p>Students will enjoy using new skills and implementing new knowledge to develop their creativity in health and fitness.</p> <p>Students will learn what is right and wrong within the sporting environment and how these learnt qualities and ideals can transfer across their life.</p> <p>Students will use a range of social skills when working with others and appreciate others viewpoints. They will also develop their understanding of the rule of law across activities and use democracy to solve conflict whilst remaining</p>	<p>Through the activities in this unit pupils will be able to understand, use and recall terminology relating to health and fitness.</p> <p><i>e.g. Warm up, Heart rate, Cool down, Dynamic Stretching, Recovery, Oxygen debt, Methods of training, Cooper Run, Fatigue & Lactic acid.</i></p>	<p>Mid-Point = Skills assessment in isolation and conditioned practice.</p> <p>End-Point + Skills assessment in competitive situation and multiple choice 10 question test.</p>

		Grade 9: You perform all aspects of the unit to the highest level and in some cases perform above and beyond the criteria.	<p>respectful and being tolerant.</p> <p>Students will appreciate the cultural influences which have developed health and fitness so they can celebrate diversity across sport and furthermore society.</p>		
	<p><u>Basketball</u></p> <p>In this unit pupils will focus on building on core skills and applying them in games and physically demanding conditional drills. Pupils will prepare tournaments and both officiate & compete in them. They will work in groups taking on a range of roles and responsibilities to help each and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.</p>	<p>Grade 1/2: You can identify and demonstrate basic skills/technique/tactics associated to this unit of work.</p> <p>Grade 3/4: You can describe and demonstrate more challenging skills/techniques/tactics associated to this unit of work.</p> <p>Grade 5/6: You can explain and demonstrate key skills/techniques/tactics associated to this unit of work.</p>	<p>Students will enjoy using new skills and implementing new knowledge to develop their creativity in basketball.</p> <p>Students will learn what is right and wrong within the sporting environment and how these learnt qualities and ideals can transfer across their life.</p> <p>Students will use a range of social skills when working with</p>	<p>Through the activities in this unit pupils will be able to understand, use and recall terminology relating to basketball.</p> <p><i>e.g. principles of attack and defence, finding and using space, drive, fakes, rebounding, lay-ups, marking, defending stance and how to play man to man/zone defence.</i></p>	<p>Mid-Point = Skills assessment in isolation and conditioned practice.</p> <p>End-Point + Skills assessment in competitive situation and multiple choice 10 question test.</p>

		<p>Grade 7/8: You can analyse and evaluate whilst demonstrating a range of difficult skills/techniques/tactics associated to this unit of work.</p> <p>Grade 9: You perform all aspects of the unit to the highest level and in some cases perform above and beyond the criteria.</p>	<p>others and appreciate others viewpoints. They will also develop their understanding of the rule of law across activities and use democracy to solve conflict whilst remaining respectful and being tolerant.</p> <p>Students will appreciate the cultural influences which have developed basketball so they can celebrate diversity across sport and furthermore society.</p>		
S P R I N G	<p><u>Badminton</u></p> <p>In this unit pupils will focus on building on core skills and applying them in games and physically demanding conditional drills. Pupils will prepare tournaments and both officiate & compete in them. They will work in groups taking on a range of roles and responsibilities to help each and improve as a team. To develop a</p>	<p>Grade 1/2: You can identify and demonstrate basic skills/technique/tactics associated to this unit of work.</p> <p>Grade 3/4: You can describe and demonstrate more challenging</p>	<p>Students will enjoy using new skills and implementing new knowledge to develop their creativity in badminton.</p> <p>Students will learn what is right and wrong within the</p>	<p>Through the activities in this unit pupils will be able to understand, use and recall terminology relating to badminton.</p> <p><i>e.g. Clear, cross court, frontcourt, backcourt, net shot,</i></p>	<p>Mid-Point = Skills assessment in isolation and conditioned practice.</p> <p>End-Point + Skills assessment in competitive situation and multiple choice 10 question test.</p>

	<p>deeper understanding about healthy lifestyles and fitness.</p>	<p>skills/techniques/tactics associated to this unit of work.</p> <p>Grade 5/6: You can explain and demonstrate key skills/techniques/tactics associated to this unit of work.</p> <p>Grade 7/8: You can analyse and evaluate whilst demonstrating a range of difficult skills/techniques/tactics associated to this unit of work.</p> <p>Grade 9: You perform all aspects of the unit to the highest level and in some cases perform above and beyond the criteria.</p>	<p>sporting environment and how these learnt qualities and ideals can transfer across their life.</p> <p>Students will use a range of social skills when working with others and appreciate others viewpoints. They will also develop their understanding of the rule of law across activities and use democracy to solve conflict whilst remaining respectful and being tolerant.</p> <p>Students will appreciate the cultural influences which have developed badminton so they can celebrate diversity across sport and furthermore society.</p>	<p><i>angles, forehand, backhand, smash, overhead, drop shot, tactics, flick serve and unforced error.</i></p>	
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	<p style="text-align: center;"><u>Football</u></p> <p>In this unit pupils will focus on developing more advanced core skills and replicate them in game situations in order to outwit opponents. Pupils will work in groups, taking on a range of roles and responsibilities to help each other prepare and improve as a team. To develop the physical capacity of pupils with exercises related to football.</p>	<p>Grade 1/2: You can identify and demonstrate basic skills/technique/tactics associated to this unit of work.</p> <p>Grade 3/4: You can describe and demonstrate more challenging skills/techniques/tactics associated to this unit of work.</p> <p>Grade 5/6: You can explain and demonstrate key skills/techniques/tactics associated to this unit of work.</p> <p>Grade 7/8: You can analyse and evaluate whilst demonstrating a range of difficult skills/techniques/tactics associated to this unit of work.</p> <p>Grade 9: You perform all aspects of the unit to the highest level and in some cases perform above and beyond the criteria.</p>	<p>Students will enjoy using new skills and implementing new knowledge to develop their creativity in football.</p> <p>Students will learn what is right and wrong within the sporting environment and how these learnt qualities and ideals can transfer across their life.</p> <p>Students will use a range of social skills when working with others and appreciate others viewpoints. They will also develop their understanding of the rule of law across activities and use democracy to solve conflict whilst remaining respectful and being tolerant.</p>	<p>Through the activities in this unit pupils will be able to understand, use and recall terminology relating to football.</p> <p><i>e.g. set plays, formations, team tactics, pulse raisers, cool down, officiating, principles of play, outwitting an opponent, counter attacking and switching the play.</i></p>	<p>Mid-Point = Skills assessment in isolation and conditioned practice.</p> <p>End-Point + Skills assessment in competitive situation and multiple choice 10 question test.</p>
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			Students will appreciate the cultural influences which have developed football so they can celebrate diversity across sport and furthermore society.		
S U M M E R	<p><u>Rounders</u></p> <p>In this unit pupils will focus on developing more advanced core skills and applying them in a competitive game in order to outwit opponents. Pupils will develop the use of batting and bowling tactics. Pupils will prepare mini tournaments and compete in them. They will work in groups taking on a range of roles and offer advice to others in order to improve. To develop a deeper understanding about healthy lifestyles and fitness.</p>	<p>Grade 1/2: You can identify and demonstrate basic skills/technique/tactics associated to this unit of work.</p> <p>Grade 3/4: You can describe and demonstrate more challenging skills/techniques/tactics associated to this unit of work.</p> <p>Grade 5/6: You can explain and demonstrate key skills/techniques/tactics associated to this unit of work.</p> <p>Grade 7/8: You can analyse and evaluate whilst demonstrating a</p>	<p>Students will enjoy using new skills and implementing new knowledge to develop their creativity in rounders.</p> <p>Students will learn what is right and wrong within the sporting environment and how these learnt qualities and ideals can transfer across their life.</p> <p>Students will use a range of social skills when working with others and appreciate others viewpoints. They will also develop</p>	<p>Through the activities in this unit pupils will be able to understand, use and recall terminology relating to rounders.</p> <p><i>e.g. Forward drive, pull, cut, hook, front foot, back foot, line and length, spin bowling, over, wide, no ball, boundaries, stumping, LBW and umpiring signals.</i></p>	<p>Mid-Point = Skills assessment in isolation and conditioned practice.</p> <p>End-Point + Skills assessment in competitive situation and multiple choice 10 question test.</p>

		<p>range of difficult skills/techniques/tactics associated to this unit of work.</p> <p>Grade 9: You perform all aspects of the unit to the highest level and in some cases perform above and beyond the criteria.</p>	<p>their understanding of the rule of law across activities and use democracy to solve conflict whilst remaining respectful and being tolerant.</p> <p>Students will appreciate the cultural influences which have developed rounders so they can celebrate diversity across sport and furthermore society.</p>		