



12 March 2026

Dear Parents/Carers

I am delighted to offer a very valuable opportunity to our year 7 students. We would like to invite them to participate in a two day level two Bikeability cycling course. The course will be taken and led by two qualified and experienced cycling instructors and will teach the students how to cycle on the road confidently.

There will be three courses running in May, each course can accommodate 12 students. If your child is interested in taking part, please complete the form below and return to me as soon as possible. I will then allocate a place for your child and send out the electronic consent form for you to complete. The course dates are:

Group 1	6 and 7 May 2026
Group 2	11 and 12 May 2026
Group 3	13 and 14 May 2026

All participants must come to school with a roadworthy bike and a helmet to participate. They must also wear appropriate outdoor/cycling clothing and footwear as the course will take place on the astro for the first couple of hours and then on local roads for the remaining time. The courses will still run if there is slight intermittent rain so coats may be needed. Hopefully the sun will be shining so please ask your child to wear sunscreen if necessary. Students will need to bring a water bottle please.

Students will return to school for normal break and lunch times on both days so no alternative lunch arrangements will be necessary.

If there are any questions or queries, please do not hesitate to contact me

Yours faithfully

Mrs Lythgoe  
Head of Year 7

**FAO Mrs Lythgoe**

My child ..... would like to take part in Bikeability and I can confirm that they have access to a roadworthy bike and a helmet to participate.

Signed .....

