

Relationships

Year 7 Term 5

The Big Question

What can make a relationship healthier or less healthy?

The ‘Relationship’ theme covers the following topics;

Qualities of healthier relationships

My changing supportive relationships

Getting on and falling out

Discerning external factors in relationships

Assertiveness in relationships

Piece 1 - Qualities of healthier relationships

This topic discusses the characteristics and benefits of positive, strong, supportive relationships, what expectations might be of having a romantic relationship as well as what is meant by consent.

Piece 2 - My changing supportive relationships

This topic discusses the supportive relationships in life as well as relationships that can change and how to manage the changes of emotions and feelings involved in relationships.

Piece 3 - Getting on and falling out

This topic discusses why people might fall out and ways to manage conflict within friendship groups.

Piece 4 - Discerning external factor in relationships

This topic discusses discernment and how it is important in relationships as well as when being a consumer of media.

Piece 5 - Assertiveness in relationships

This topic discusses when to use assertiveness and skills to keep relationships happy and healthy.

In this topic, it also discusses the personal and legal consequences of sexting.

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