

Relationships

Year 9 Term 5

The Big Question

Can relationships ever be equal?

The 'Relationship' theme covers the following topics;

Equality in relationships

Assertiveness and saying no

Pornography and its impact

Contraception

Consequences of unprotected sex

Piece 1 - Equality in relationships

This topic discusses how to recognise when there is an imbalance of power in a relationship and the features of positive, stable relationships.

Piece 2 - Assertiveness and saying no

This topic discusses that there are choices in many situations including when to say no, how to use assertiveness skills to manage a range of circumstances and that consent and the law are important features in a sexual relationship.

Piece 3 - Pornography and its impact

This topic discusses how pornography and some media images give a false impression of sex and romantic relationships, stereotypical ideas of 'ideal' males and females as well as sex and the law as applied to online and social media.

Piece 4 - Life saving skills

This topic discusses methods to keep ourselves and those around us safe if anyone gets into difficulty such as carrying out CPR.

Piece 5 - Mental Health first aid

This topic discusses how to notice changing behaviours of people and ways in which we could help.

The Big Question

How can substance impact on well being?