# Relationships

Year 8 Term 5

## **The Big Question**

How much should what and who are around us impact on our self-worth?

#### The 'Relationship' theme covers the following topics;

Being in control of myself

Being in control on my relationships

Being in control of personal space

Staying safe in the physical world

Staying safe in the online world

### Piece 1 - Being in control of myself

This topic discusses relationships skills that have to be learnt and practised including the one with ourselves and that social media can affect us both positively and negatively.

#### Piece 2 - Being in control of my relationships

This topic discusses how relationships can cause strong feelings and emotions, features of positive and stable relationships and how all relationships have positive and less positive aspects.

#### Piece 3 - Being in control of personal space

This topic discusses what is meant by personal space and how this varies across relationships and different cultures.

This topic also discusses the etiquette and manners in relation to privacy both online and offline.

#### Piece 4 - Staying safe in the physical world

This topic discusses what is meant by control, power balance and coercion in a relationship and where to seek help if I feel unsafe in a relationship.

#### Piece 5 - Staying safe in the online world

This topic discusses how to use social media appropriately, safely and legally and how personal safety can be compromised online.

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